

PENGARUH *FEAR OF FAILURE* TERHADAP *SELF-HANDICAPPING* YANG DIMEDIASI *SELF-COMPASSION* PADA MAHASISWA UNIVERSITAS PENDIDIKAN INDONESIA PENERIMA BIDIKMISI

ABSTRAK

Intan Salindri Galiesta (1305156). *Pengaruh Fear of Failure Terhadap Self-Handicapping yang Dimediasi Self-Compassion pada Mahasiswa Universitas Pendidikan Indonesia Penerima Bidikmisi.* Skripsi. Departemen Psikologi, Fakultas Ilmu Pendidikan, Universitas Pendidikan Indonesia. Bandung. (2017).

Banyak permasalahan akademik dikaitkan dengan *fear of failure* dan strategi *self-handicapping*. Penelitian ini bertujuan untuk melihat pengaruh *fear of failure* terhadap *self-handicapping* dengan peran *self-compassion* sebagai mediator. Partisipan (N= 370, dengan beragam jenis kelamin, fakultas, tahun angkatan, dan urutan kelahiran) mengisi kuesioner yang berisi instrumen *The Performance Failure Appraisal Inventory* (PFAI), *Self-Handicapping Scale* (SHS), dan *Self-Compassion Scale* (SCS). Teknik analisis data yang digunakan adalah *causal mediation analysis*. Hasil yang diperoleh menunjukkan *fear of failure* dapat memprediksi *self-handicapping*. *Self-compassion* juga ditemukan berfungsi sebagai mediator dengan kategori *partial mediation*. Dapat disimpulkan bahwa menurunnya *self-compassion* dapat menyebabkan individu dengan *fear of failure* melakukan *self-handicapping*.

Kata kunci: *fear of failure*, *self-handicapping*, *self-compassion*, Bidikmisi

**THE EFFECT OF FEAR OF FAILURE ON SELF-
HANDICAPPING MEDIATED BY SELF-COMPASSION UPON
BIDIKMISI AWARDEE STUDENTS OF INDONESIA
UNIVERSITY OF EDUCATION**

ABSTRACT

Intan Salindri Galiesta (1305156). *The Effect of Fear of Failure on Self-Handicapping Mediated by Self-Compassion upon Bidikmisi Awardee Students of Indonesia University of Education.* Unpublished research paper. Psychology Department in Faculty of Education, Indonesia University of Education. Bandung. (2017).

Many academic problems related to fear of failure and self-handicapping strategy. This study examined the effect of fear of failure on self-handicapping; as well as the role of self-compassion as the mediator. Participants ($N = 370$, by various sex, faculty, batch on year of entering university, and birth order) completed The Performance Failure Appraisal Inventory (PFAI), Self-Handicapping Scale, and Self-Compassion Scale (SCS). Analyses using Causal Mediation Analysis revealed significant effect of fear of failure on self-handicapping. The study also found that effect of fear of failure on self handicapping was partially mediated by self-compassion. Therefore, decreasing self-compassion leads people with fear of failure experience self-handicapping.

Keywords: fear of failure, self-handicapping, self-compassion, Bidikmisi